

Agenda

- 8:00 **Registration & Refreshments** 5th Floor Hallway
- 8:20 **Welcome** Woodruff Auditorium (5th Floor)
Ola Faucher, Director, Human Resources
- 8:25 **Morning Keynote Speaker** Woodruff Auditorium (5th Floor)
Pearl MacDonald with an introduction from Precious Porras
- 9:00 **Breakout Sessions**
NOTE: Sessions are concurrent and will be repeated again at either 10:00 a.m. or 11:00 a.m.
- Development of You**
- Communicating Up: Strategies for Being Heard** Pine Room, (6th Floor)
Presented by Tracy Russo
- It IS Easy Being Green: Sustainability Simplified** Malott Room (6th Floor)
Presented by Jeffrey Severin
- Public Speaking: The Good, the Bad, and the Ugly** Alderson Auditorium (4th Floor)
Presented by Terry Proctor
- Strategic Survivor: How to Strategically Think Your Way to Success** English Room (6th Floor)
Presented by Jeremy Viscomi
- Breathing Space**
- Humor in the Workplace** Big 12 Room (5th Floor)
Presented by Phil Wilke
- Juggling Your Responsibilities** Centennial Room, (6th Floor)
Presented by Curtis Marsh
- Mindfulness in Everyday Life** Kansas Room, (6th Floor)
Presented by Stephanie Bowlin
- 10:00 **Breakout Sessions**
NOTE: Sessions are concurrent and will be repeated again at either 9:00 a.m. or 11:00 a.m.
- Development of You**
- Expanding Your Comfort Zone: We Are All Multiculturalists Now** Malott Room (6th Floor)
Presented by Blane Harding
- Public Speaking: The Good, the Bad, and the Ugly** Alderson Auditorium (4th Floor)
Presented by Terry Proctor
- Strategic Survivor: How to Strategically Think Your Way to Success** English Room (6th Floor)
Presented by Jeremy Viscomi
- Breathing Space**
- Desk Side Yoga** Big 12 Room, (6th Floor)
Presented by Ben Saathoff
- Finding a Forgotten Path to the Right Side of the Brain:
Creativity for the Workplace in a Logical, Linear World** Pine Room (6th Floor)
Presented by Jody Johnson
- Juggling Your Responsibilities** Centennial Room (6th Floor)
Presented by Curtis Marsh
- Mindfulness in Everyday Life** Kansas Room, (6th Floor)
Presented by Stephanie Bowlin

Agenda (Continued)

- 11:00 **Breakout Sessions**
- Development of You**
- Communicating Up: Strategies for Being Heard** Kansas Room, (6th Floor)
Presented by Tracy Russo
- Expanding Your Comfort Zone: We Are All Multiculturalists Now** Malott Room (6th Floor)
Presented by Blane Harding
- It IS Easy Being Green: Sustainability Simplified** Centennial Room (6th Floor)
Presented by Jeffrey Severin
- Breathing Space**
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- Finding a Forgotten Path to the Right Side of the Brain:
Creativity for the Workplace in a Logical, Linear World** Pine Room (6th Floor)
Presented by Jody Johnson
- Humor in the Workplace** Alderson Auditorium (4th Floor)
Presented by Phil Wilke
- 12:00 **Lunch & Speaker** Ballroom (5th Floor)
Shade Little
- 1:00 **Informational Booths** Jayhawk Room & Parlors (5th Floor)
*Graduate Studies, KU Advocacy Corps, KU Fights Hunger, KU Libraries,
KU Public Management Center, KU Theater, Office of Multicultural Affairs,
Rec Services, Spencer Museum of Art, Staff Fellows, Tuition Assistance,
UPS Senate, USS Senate*
- 1:15 **F.R.E.D. (Fuel, Refresh, Engage, and Discover) Talks** Woodruff Auditorium (5th Floor)
*Charlie Weis, Head Coach, University of Kansas Football
Tami Albin, Associate Librarian, Libraries
Kim Murphree, Public Service Director, Great Plains Media
Chris Goode, Graduate Teaching Assistant, Social Psychology
Val Stella, Distinguished Professor, Pharmaceutical Chemistry*
- 2:30 **Afternoon Keynote Speaker** Woodruff Auditorium (5th Floor)
Andi Witczak, Director, Center for Civic and Social Responsibility
- 2:45 **Wrap-Up, Evaluation, & Door Prizes** Woodruff Auditorium (5th Floor)
*Kathleen Ames-Oliver, Manager, Learning & Development, Human Resources
Sean Burkett, Human Resources*
- 2:45 **Informational Booths** Jayhawk Room & Parlors (5th Floor)