Co-creating the Ideal Workplace

KU’s Fourth Annual Staff Leadership Summit
Tuesday, February 18, 2014, 8 a.m. – 3 p.m.
Kansas Union, Levels 4, 5, and 6

Presented by the Staff Learning & Development Council

Sponsored by the Department of Human Resources
and the Office of the Provost
Presented by the Staff Learning & Development Council
Sponsored by the Office of the Provost and Human Resources

8:00 REGISTRATION & REFRESHMENTS
5th Floor Hallway

8:20 WELCOME
Woodruff Auditorium (5th Floor)

Ola Faucher, Director, Human Resources

8:25 KEYNOTE SPEAKER
Woodruff Auditorium (5th Floor)

Neeli Bendapudi, Dean, KU School of Business

9:00 BREAKOUT SESSIONS
NOTE: Sessions are concurrent and will be repeated at either 10 or 11 a.m.

Fitness for Your Mind and Body
Jim Peters
Woodruff

Improvisation for Reluctant Collaborators
Sherrie Tucker
Pine

Leading Change 101: Sometimes in haste we forget the basics!
Dennis Karney
Malott

The KU Advocacy Corps: Connecting KU, Community, and the Common Good
Amanda Schwegler
English

Get Out of Your Rut
Cami Travis-Groves
Divine Nine

Yoga for Office
Sorcha Hyland
Kansas

Cultivating Curiosity
Noel Rasor & Teresa Schwab
Alderson

10:00 BREAKOUT SESSIONS
NOTE: Sessions are concurrent and will be repeated at either 9 or 11 a.m.

Improvisation for Reluctant Collaborators
Sherrie Tucker
Pine

Getting Things Done: An integrated Approach to Work-Life Management
Julie Loats
Centennial

What the #@*%! : You want me to do what?
SSC panel discussion
Moderated by Stacy Walters
Woodruff

Leading Change 101: Sometimes in haste we forget the basics!
Dennis Karney
Malott

Yoga for Office
Sorcha Hyland
Kansas

KU Work Hacks
Suzie Johannes & Andy Jackson
Divine Nine

Reinventing Yourself, Like Madonna, Except Without the Spandex
Julie Dunlap
Alderson
The KU Advocacy Corps: Connecting KU, Community, and the Common Good  
*Amanda Schwegler*  
*English*

### 11:00 BREAKOUT SESSIONS

**Fitness for Your Mind and Body**  
*Jim Peters*  
*Malott*

**KU Work Hacks**  
*Suzie Johannes & Andy Jackson*  
*Pine*

**Yoga for Office**  
*Sorcha Hyland*  
*Kansas*

**Get Out of Your Rut**  
*Cami Travis-Groves*  
*Divine Nine*

**What the #@*%!: You want me to do what?**  
*SSC panel discussion*  
*Moderated by Stacy Walters*  
*Big 12*

**Getting Things Done: An integrated Approach to Work-Life Management**  
*Julie Loats*  
*Centennial*

**Cultivating Curiosity**  
*Noel Rasor & Teresa Schwab*  
*Alderson*

**Reinventing Yourself, Like Madonna, Except Without the Spandex**  
*Julie Dunlap*  
*Woodruff*

### 12:00 LUNCH  
*Ballroom (5th Floor)*

### 12:45 INFORMATIONAL BOOTHS  
*Jayhawk Room & Parlors (5th Floor)*

### 1:00 HOW KU-OOOL IS THAT?  
*Woodruff Auditorium (5th Floor)*

**Speaker Sex Influences Processing of Grammatical Gender**  
*Michael Vitevitch, Professor, Psychology*

**Bicycles + Bamboo = Positive Social Change**  
*Lance Rake, Professor, Dept. of Design*

**Let it Be: The Hidden Benefits of Letting the Past Stay in the Past**  
*Andrea Greenhoot, Associate Professor, Psychology*

**Applications of Ecological Principles in Algal Biofuels Production**  
*Val Smith, Professor, Ecology & Evolutionary Biology*

### 2:15 A NOTE ABOUT THE SLDC  
*Woodruff Auditorium (5th Floor)*

*Leticia Gradington, Student Affairs, SLDC member*

### 2:30 CLOSING REMARKS  
*Woodruff Auditorium (5th Floor)*

*David Cook, Vice Chancellor of the Edwards Campus*

### 2:45 WRAP-UP & DOOR PRIZES  
*Woodruff Auditorium (5th Floor)*

*Kathleen Ames-Stratton*  
*HR, Learning & Development, SLDC Co-Chair*

### 2:45 INFORMATIONAL BOOTHS  
*Jayhawk Room & Parlors (5th Floor)*
**Fitness for Your Mind and Body**
*Jim Peters*
For many of us continuing education pertains to professional development or workforce training. And that’s important. But this session will cover the advantages of lifelong learning beyond the workplace. We’ll look at the benefits of pursuing knowledge and experience from a variety of sources and activities not necessarily related to your work, but which may still enhance your performance and enrich your life—now and after you leave the workforce.

**Improvisation for Reluctant Collaborators**
*Sherrie Tucker*
University culture is notorious for promoting team-work, but cultivating and rewarding individual effort. Over time, our expectations for collaboration may plummet to such counter-collaborative goals as: "I will be quiet so as not to do all the work again," or "My vision must prevail over so-and-so's wonky scheme," or "I hope we accomplish together something that is no worse than what any of us would have accomplished alone." The goal of this workshop is to share tools employed by free improvising creative artists who practice receptivity, response, and dissonance in productive ways to produce shared visions that build on differences as strengths that promote imagining and enacting new possibilities. Come prepared to practice sending and receiving ideas among peers who seek new models for working together. Consensus not required. No trust exercises, role-playing, or personality tests allowed.

**Getting Things Done: An integrated approach to work-life management**
*Julie Loats*
Busy? Over booked? Too much information in your head? Not sure where to focus your time and attention? This session will explore author David Allen’s innovative approach to Getting Things Done and leave you with new tools and ideas for managing your commitments, information, and communication in an integrated system for stress-free productivity.

**What the #@*%! : You want me to do what?**
*SSC panel discussion moderated by Stacy Walters*
"You’ve been lifted and shifted!" You’ve been told the vision of the Shared Service Centers, but what are they really? A group of “Lifted and Shifted” survivors have banded together to give an honest account of the transition to an SSC. Not what was supposed to happen ... but what really did happen during the transition, the departmental changes, the new job, the “cube farm”, the work space, going paperless, and a couple dozen other things. The SSC transition survivors have a wide variety of KU experience (and perspectives) with the time spent in their home departments. Come hear the good, the bad, the ugly, and yes, the surprising from six “Lifted and Shifted” survivors.

**Leading Change 101: Sometimes in haste we forget the basics!**
*Dennis Karney*
In this seminar, we will explore the process and dynamics of change in a real case setting. As the case spans a few year period, we will be able to examine and discuss what they did right in the case; what they did wrong; what they could have done better; and what they need to do now to get back on track. We will then discuss the parallels and applicability to situations at KU in our respective areas, units, departments … and ask do we have anything to learn here? or, ‘why does the plumber’s house always have leaky faucets and pipes?’ To best prepare for this seminar, take 5 minutes and read the three page Lamson Company case posted at: sid.ku.edu/case-study. And, if your best thinking is alone, consider some of the above questions and ask what is the real problem here? But if you think best in group settings, wait ‘til the 18th! See you on then!

**Yoga for Office**
*Sorcha Hyland*
This session will focus on enhancing your productivity with simple yoga and breathing exercises at your desk. We will address solutions to sedentary ailments such as back/neck ache, poor posture, repetitive stress injury and obesity and practice techniques to improve concentration and alleviate depression, anxiety and stress.

**The KU Advocacy Corps: Connecting KU, community, and the common good**
*Amanda Schwegler*
As a staff member, consider the institutional knowledge you’ve gained through your work at KU. As an area resident, you may have a passion for a local nonprofit. Combine your skills and humanitarian spirit to advance the cause of that community organization! As part of the KU Advocacy Corps, you can help an area nonprofit work with groups on campus, gather volunteers, and promote their mission among the university community. You don’t need to know how to tackle these efforts in advance - there's a Corps of other KU faculty and staff who can help! You just need a cause, interest, and some time to dedicate to the common good.
Get Out of Your Rut

Cami Travis-Groves

You made it through school, you started working, you got into a groove. Great. But now the groove has become too predictable, too deep—it’s not just a rut, it’s a trench too high to see out of, and it feels like a prison. There are only two directions to go from here. Either you keep trudging on in your rut, making it deeper by doing what you’ve been doing, getting more of what you have (and you already know what that’s like)—or you stop digging, put down that shovel, and get the hell out! Graphic designer, author, storyteller, and good juju-spreader Cami Travis-Groves relates stories of quantum physics, caterpillars and cilantro that can help you get—and stay—out of your rut!

Cultivating Curiosity

Teresa Schwab and Noel Rasor

Between having too much to do and feeling invested in our own views on things, many of us aren’t particularly motivated to ask questions of others and truly listen to what we hear. But cultivating curiosity about the ideas, perspectives, and experiences of others can help us in many ways, including building relationships, moving through conflicts, and creating better solutions to the challenges we encounter. This engaging and interactive session will offer tools for listening and for asking good questions to help participants rekindle their natural curiosity.

Reinventing Yourself Like Madonna, Except Without The Spandex

Julie Dunlap

Think you’re destined to do the same job every day for the rest of your life? Certain your future is nothing short of highly predictable? Think again. Julie Dunlap, local humor columnist and playwright, shares personal anecdotes to illustrate the many doors that can be opened if you simply stop and look around once in a while.

KU Work Hacks: Making technology work for you

Suzie Johannes & Andy Jackson

Are you looking for ideas on how to use technology to aid communication, organization and productivity? Join KU IT Technology Specialist Andy Jackson and Technology Trainer Suzie Johannes to learn how to get IT fixes that work for you and your office. We’ll cover everything from university-funded or discounted software for staff, getting more function from your office’s multifunction device (MFD), and cool new technology services that will be available later this year.

“How KU-ool Is That?” SESSIONS

Speaker Sex Influences Processing of Grammatical Gender

Michael Vitevitch, Professor, Psychology

Speech contains information about WHAT is being said and WHO says it. We used to think that the WHO information was thrown away, or did not influence WHAT was being said. Our findings suggest that is not the case, and that the WHO information influences a lot more of WHAT is understood than we previously thought.

Bicycles + Bamboo = Positive Social Change

Lance Rake, Professor, Dept. of Design

Designers need to develop a new relationship with the world. There is a bigger role for design in the future, and the opportunity for designers to be true participants in both for-profit businesses as well as non-profit organizations will change the way designers think of themselves and change the way we are seen by others. Currently, I’m trying to design things that rural craftspeople can make that raise the value of the work they do, so they can make a living with their craft.

Let it Be: The Hidden Benefits of Letting the Past Stay in the Past

Andrea Greenhoot, Associate Professor, Psychology

Both psychological theory and popular belief suggest that wrestling with or “emotionally processing” negative memories is an important part of getting over the stressors in our lives. But my work suggests that this assumption is not always true. Indeed, for some people, it may be better to leave the past in the past, at least for a while. Participants will learn about both the benefits and costs of reflecting on the past, and will leave with some suggestions for how to most effectively deal with their own negative memories, and help others (e.g., children) do so as well.

Applications of Ecological Principles in Algal Biofuels Production

Val Smith, Professor, Ecology & Evolutionary Biology

Applications of ecological principles in algal biofuels production Key Takeaways: Algal biomass has been suggested as a feedstock for biofuels production, but yet algae have never before been cultivated at the massive commercial scales that will necessary to produce billions of gallons of liquid fuel per year. Drawing from the long history of commercial agriculture, this presentation highlights the necessity of considering engineered algal cultivation facilities as complex ecological systems that must be carefully managed to assure success.
**MEET YOUR SPEAKERS**

**Morning Keynote Speaker**

**Neeli Bendapudi, Dean, KU School of Business**

Neeli Bendapudi is the H.D. Price Dean at the KU School of Business and professor of marketing. Her Ph.D. is from the University of Kansas and she has taught at Texas A&M and the Ohio State University. Her research has appeared in the Journal of Marketing, the Journal of Marketing Research, the Journal of Retail Marketing and the Harvard Business Review, among others. Her current research focuses on customer willingness and ability to maintain long-term relationships with firms and with the employers and brands that represent them.

**Closing Remarks**

**David Cook, Vice Chancellor, KU Edwards Campus**

David J. Cook, PhD, serves as the vice chancellor for the University of Kansas KU Edwards Campus in Overland Park, Kansas. Dr. Cook assumed his role in April 2013. Under Dr. Cook’s leadership, the Edwards Campus will continue its 20 year history to bring the high-quality academic programs, research and public service of the University of Kansas to Greater Kansas City. This will be achieved through strong partnerships with community colleges, K-12 and industry leaders. Dr. Cook is also a Professor with Tenure with faculty positions in Communication Studies on the Lawrence Campus and in Health Policy and Management in the KU School of Medicine in Kansas City. His research interests focus on health communication, the health of underserved populations, health technology applications, workforce development and emergency preparedness.

Dr. Cook holds a master’s and doctorate in organizational communication from The University of Kansas and a Bachelor’s of Arts from Iowa State University. He lives in Olathe, Kan., with his wife Katie and three children, Gage (15), Peyton (12) and Ella (10).

**MEET YOUR SESSION PRESENTERS**

**Julie Dunlap, Writer**

Julie is a freelance writer and playwright living in Lawrence, KS who will never win a karaoke contest, learn to knit or bake a perfect soufflé, and she is just fine with that. A second career for her - third, if you count her pre-baby-raising years in sales - Julie has spent the past six years entertaining what she estimates to be nearly dozens of people with her work, from her very first blog to her weekly column on the Lawrence Journal-World to her recent stage production, "MotherF*ingHood" to her current gig as a columnist for Lawrence Kids Magazine. She looks forward to sharing her journey with you.
Leticia Gradington, Program Director, Student Money Management Services, Student Affairs

Leticia Gradington is a graduate and former athlete of the University of Kansas. Between the two degrees, Leticia then joined the United States military and served a five year tour of active duty during desert storm as a Communications Specialist under a military intelligence command. Currently, Leticia is an Adjunct Professor in the Professional and Graduate Studies program at Baker University and been in Higher Education for 10 years. Leticia has been in the financial services for more than 10 years and specializes in debt reduction, saving and investments and planning for retirement is a totally committed educator in her field. Leticia graduated from KU with a Bachelor in Communications with minor in Business and Bachelor in Political Science with a minor in Law.

Sorcha Hyland, Yoga Instructor

Sorcha Hyland began her formal yoga practice in Ireland in 1994 at Slí na Bandé—a versatile holistic center, offering intensive yoga training, psychoanalysis and sustainable living education in the Wicklow Mountains. She studies with senior, international yoga and complimentary health professionals on an annual basis. Her yoga classes combine a variety of traditional styles, tailored to address the needs of each individual student. Sorcha teaches three yoga classes per week for Lawrence Memorial Hospital and Be Moved Studios in Lawrence, KS. She facilitates private and pre-natal in-home lessons and volunteers at community-service events. Sorcha is a full-time KU employee at the Center for Remote Sensing of Ice Sheets. Prior to this she was the Youth & Family Outreach Coordinator at the KU Spencer Museum of Art. She freelances as an instructor with KU’s Osher Lifelong Learning Institute, offering classes on Irish history and literature. Sorcha earned her MA and BA from University College Dublin, Ireland; and was awarded the Irish Radharc scholarship to study broadcasting management for a year at the International Academy of Broadcasting in Montreux, Switzerland.

Andy Jackson, Tier Two Technical Support, KU Information Technology

Andy Jackson joined the KU Information Technology team in August of 2012, before that he worked as a student technician at KU Information Technology studying Music Business.

Suzie Johannes, Technology Trainer, KU Information Technology

Suzie Johannes is a Technology Trainer at KU IT and a member of the staff learning and development council. Suzie is a dedicated lifelong learner who enjoys finding methods for boosting effectiveness and problem solving. Before returning to KU in 2012, Suzie was a graphic designer at Jones Huyett Partners, KU University Relations and the Lawrence Journal-World. She has a BFA in Industrial Design from KU and is currently pursuing a Master’s degree in Public Administration.

Dennis Karney, Ned N. Fleming Distinguished Professor, KU School of Business

Since 1984, Professor Karney has been a faculty member of the University of Kansas Business School, the last 20 years as the Ned N. Fleming Distinguished Teaching Professor. His specialties include International Business, Organizational Change, and World Class Operations. For five years (2002-6), Karney served as the Associate Faculty Director of the KU CIBER and spent the fall semester of 2005 in Ukraine as a Fulbright Scholar. He has lead 11 MBA study abroad courses to France, Germany and China, with 3 of those courses specifically focused on the automobile industry. In addition, Karney has designed and delivered numerous management development seminars and has assisted many regional and national organizations with their improvement efforts and with their cross-cultural understanding needs.
His portfolio of clients represents interests in banking, healthcare, telecommunications, traditional manufacturing, governmental services and even universities.

Julie Loats, Director, KU Center for Online and Distance Learning
Julie is the director of the KU Center for Online and Distance Learning. Her responsibilities include facilitating faculty services and resources focused on course redesign and moving courses towards flipped, hybrid and online formats. In addition, the center is charged with leading the strategy to provide a broader range of KU courses and programs to online learners and the services that support them. Before joining the center in November 2011, she served as an online course developer in the KU department of Special Education and then for 14 years in KU Information Technology. Julie’s passions include organizational change, leveraging technology to improve business and academic processes, team building, and running. She holds a bachelor’s degree in Industrial Design from KU and is currently a graduate student in Public Affairs and Administration.

Jim Peters, Director, Osher Lifelong Learning Institute at KU
Jim Peters earned his bachelor’s degree in government from Southern Illinois University at Carbondale and a law degree from the New England School of Law in Boston. After practicing law and working in Washington D.C., Jim joined Kendall-Hunt Publishing Company before coming to KU as director of marketing at KU Continuing Education. He later served as director of academic and professional programs before being named director of the Osher Institute in 2012.

Noel Rasor, Assistant Director, KU Public Management Center
Noel has been Assistant Director of the KU Public Management Center since April 2009 and serves as program manager for the Emerging Leaders Academy. She has worked in a variety of capacities at KU, including providing advising for some master’s programs in the College of Liberal Arts & Sciences and serving as a writing consultant at the KU Writing Center. Before coming to Kansas in 1998, Noel worked for the American Red Cross. She holds a BA from the University of Michigan, a master’s of urban planning from KU and completed graduate work to the level of ABD in American Studies at KU.

Teresa Schwab, Instructor, KU Public Management Center
Teresa serves as an instructor with the KU Public Management Center and is President of Arnavon Strategies, a leadership development and coaching firm. Teresa brings nearly 20 years’ experience in the not-for-profit and volunteer sectors to her work, including two years as the director of public policy for a health care conversion foundation, and two years volunteering overseas with Peace Corps in rural community education and development. She holds a Master’s Degree in Social Work from the University of Kansas and an undergraduate degree in Psychology from Emporia State University. She has also completed many leadership, facilitation and coaching programs and is a member of the Kansas Leadership Center Civic Leadership Coach Team.

Amanda Schwegler, Assistant Director, Center for Civic and Social Responsibility
As assistant director of the Center for Civic & Social Responsibility, Amanda Schwegler has been connecting faculty, students and community organizations through course-based projects for the common good since 2008. She has coordinated the KU Advocacy Corps, and its passionate group of faculty, staff, and students, since its inception for Chancellor Gray-Little’s inauguration. Amanda holds undergraduate degrees in psychology and graphic
design, is currently pursuing a master's in social work, and is trained in group facilitation and crisis phone counseling.

**SSC Representatives**

**Robin Holladay** - HR panel member started working at the University of Kansas in 1980. In 1997 she moved to the department where she processed GTA and Lecturer appointments (over 90), managed the budget for said group, did classroom scheduling, took minutes at meetings, and typed course evaluations for said GTAs and Lecturers. In March of 2013, she was lifted and shifted to the LAS Shared Service Center where she currently works as a HR Program Assistant to provide support to nine departments in the Humanities with the hiring process of UPS, USS, and student appointments, monitor time and leave balances, and process GTA, GRA, and GA appointments to KU’s payroll system.

**Rhonda Cook** – HR panel member worked at KU for 10 years, took time off, and returned to KU. In her previous department she was an Office Manager/Graduate Coordinator. The multi-faceted position included financial transactions and budgeting, hiring processes, initial class scheduling, graduate activities (admissions/enrollment/progress to degree/GTA appointments) and supervisory duties. On March 18, 2013, she moved the LAS SSC to become an HR Program Assistant. Today she serves as the main HR contact for 9 departments in the Humanities by posting and shepherding their searches to fill staff and student positions, acting as their Time Reviewer and fielding questions regarding employment, onboarding and payroll.

**Carol Archinal** – Financial panel member came from a department where she had been since May 1989...yep 24 years! She wore many hats: office manager/supervisor, accountant, human resources, chair’s assistant, back-up graduate secretary, and back-up scheduling officer. She was “lifted and shifted” into the LAS SSC Finance and now monitors budgets, pays bills, and orders for her former department and two others.

**Jo Eis Barton** – Research panel member has been at KU since 2006. She has worked as an accountant and grant specialist. Before the transition to the LAS SSC, she was the Business Manager/Accountant for her department. Her position was the typical one stop shop for HR, Budgeting, Accounts Payable, Accounts Receivable and everything in between. In the SSC, she is a Grant Monitor in the Research area.

**Jama Lickteig** – Financial panel member was in her department for nearly 25 years. She started in the front office in 1988; in 1990 she became the Undergraduate Program Specialist; and then for the last 6-7 years she was the Accountant for the department. She came to the SSC August 12 and now process financials for the College Dean’s Office.

**Beth (Knapik) Benfield** – Research panel member started her career with the University of Kansas in her department on 8/21/1995. Although her job entailed many things, when she started as an Accounting Specialist the three main aspects of her job duties were payroll, grant/department reporting and accounts receivable. People stayed for long periods of time in the department so there really were not “promotion” opportunities. However, upgrading and enriching your job were very much encouraged and enough flexibility was granted to accomplish improvements/changes. As the job became more complex (and volume increased), the job was switched to an Accountant whom oversaw an Accounting Specialist hired for payroll purposes. This was her department position when the restructuring began...
Cami Travis-Groves, Senior Graphic Designer, Speaker, Good Juju Spreader, KU Continuing Education
Not only a graphic designer, Cami is also a speaker and a good-juju-spreader in the Kansas City area. She's spent 20 years designing print in all forms and working for all types of clients, from a multi-million-dollar investment firm to a two-woman team who dream of baking cookies. She's been run through the agency grinder, working on national brands such as APWA, Travelhost, Pepsi, Frito Lay, and the Wishbone book series. She also volunteers for local groups—from the Kansas City Irish Fest, to the Kansas City AIGA chapter.

Sherrie Tucker, Professor, American Studies, KU
Sherrie Tucker (Professor, American Studies, University of Kansas) is the author of Swing Shift: “All-Girl” Bands of the 1940s (Duke, 2000), and co-editor, with Nichole T. Rustin, of Big Ears: Listening for Gender in Jazz Studies (Duke, 2008), and the forthcoming Dance Floor Democracy: the Social Geography of Memory at the Hollywood Canteen (Duke, Fall 2014). Her collaborative research includes her membership in the research team for composer Pauline Oliveros's Adaptive Use Musical Instrument (AUMI), as well as KU-AUMI Inter-Arts (recipient of a Hall Center Collaborative Research Seed Grant), the facilitator of the Improvisation, Gender, and the Body team of the Research Initiative, Improvisation, Community, and Social Practice headquartered in Guelph, Ontario, and a member of the Melba Liston Research Collective. She is co-editor with Randal Jelks of American Studies and a series editor with Deborah Wong and Jeremy Wallach of the Music/Culture Series at Wesleyan University Press.

Stacy Stringer Walters, Senior Program Manager, KU Continuing Education
A Lawrence native, Stacy graduated from the University of Kansas in with a degree in Business Administration. Having worked as a consultant for family owned businesses across the country for the first ten years of her career, she began working at KU Continuing Education in 2008. In her capacity as a Senior Program Manager, Stacy works to disseminate the knowledge and resources of the University to the public through development of non-credit professional education programs. She is a member of the Staff Leadership Development Committee and is currently serving on the Unclassified Professional Staff Senate.
MEET YOUR “How KU-ooool Is That?” PRESENTERS

Andrea Greenhoot, Associate Professor, Department of Psychology, KU
Andrea Greenhoot is a developmental and cognitive psychologist and an associate professor in the Psychology Department at the University of Kansas. She grew up in North Carolina, completed her undergraduate degree at Dartmouth College and earned her doctorate from the University of North Carolina at Chapel Hill. She completed a fellowship at the University of Arizona before joining the KU faculty in 1999. At some point in her childhood Prof. Greenhoot realized that she had forgotten the first half of her life and wondered why. She learned the answer to this question a decade later as an undergraduate student in psychology, and she has been fascinated by the feats and frailties of memory ever since. Her current research looks at how children, adolescents, and adults remember and react to stressful life events.

Lance Rake, Professor, Industrial Design Department, KU
For more than 35 years, Lance Rake has been learning, practicing, and teaching industrial design, often at the same time. Lance is currently a Professor of Industrial Design at the University of Kansas and has taught in different capacities at Auburn University, New Zealand’s UNITEC (formerly Carrington Technical Institute), Sweden’s Konstfackskolan, and England’s Staffordshire University. His design research has been supported by private and public grants, and findings presented at national and international design conferences and institutions. Recently, Lance’s work has focused on creating new craft-based business opportunities through the design and manufacture of high-end bicycles and skateboards made of bamboo—a project that has taken him to Bombay, India and Greensboro, Alabama. In 2004, the editors at ID Magazine chose Lance to represent the state of Kansas in the article, “Design 50.”

Val Smith, Professor, Department of Ecology and Evolutionary Biology, KU
Dr. Val Smith's research program focuses on the relationships between resource supplies and the structure and function of biological systems. He has more than four decades of experience in algal ecology and surface water quality management. During the past several years he has focused upon the production of renewable biofuels from freshwater algae, and he is working with other universities, with U.S. government laboratories, and with active industry partners to help make affordable and sustainable algal biofuels a reality.

Michael Vitevitch, Professor, Psychology Department, KU
Vitevitch earned Ph.D. in Psychology in 1997 from the University at Buffalo. He has worked as a Postdoctoral Fellow in the Psychology Department at Indiana University from 1997-2001. From 2001 to the present, Vitevitch has been at KU in the Psychology Department.
Thank you to the following sponsors and for providing door prizes:

23rd Street Brewery, Applebees, Bird Dog Bar and Grill - The Oread, Carlos O’Kelly’s, Dairy Queen, Deloitte, Earl May Garden Center, Ernst and Young, Grant Thornton Careers, Jason’s Deli, Kansas Public Radio, K P M G, KU Alumni Association, KU Athletics, KU Dining, KU Legal Services for Students, KU Marketing and Communications, KU Recreation Services, KU School of Business, Accounting and Info Systems – School of Business, KU School of Journalism, KU School of Public Affairs & Administration & Public Management Center, KU Theater, Lawrence Nutrition Center, Lied Center, Massage Envy, Michaels, On the Border, Paisano’s, Panera, Raven Bookstore, Salty Iguana, Set Em Up Jacks, TCBY, Title Boxing, Waxman Candles
BREAKOUT SESSIONS QUICK VIEW

Fitness for Your Mind and Body
9 a.m. at Woodruff, 11 a.m. at Malott

Improvisation for Reluctant Collaborators
9 a.m. & 10 a.m. at Pine

Leading Change 101: Sometimes in haste we forget the basics!
9 a.m. & 10 a.m. at Malott

The KU Advocacy Corps: Connecting KU, Community, and the Common Good
9 a.m. and 10 a.m. at English

Get Out of Your Rut
9 a.m. & 11 a.m. at Divine Nine

Yoga for Office
9 a.m., 10 a.m. & 11 a.m. at Kansas

Cultivating Curiosity
9 a.m. & 11 a.m. at Alderson

Getting Things Done: An integrated Approach to Work-Life Management
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