



State Employee Health Plan - HealthQuest

What is the 2018 HealthQuest Premium Incentive Discount?

- Employees with employee only or employee and children coverage who earn 40 HealthQuest credits, including completing the Health Assessment Questionnaire, will receive a \$480 reduction in 2018 SEHP medical plan premiums.
- For employees with employee and spouse or employee and full family coverage, the employee and covered spouse will each need to earn 40 HealthQuest credits, including completing the Health Assessment Questionnaire, to get the full \$480 reduction in 2018 SEHP medical plan premiums. If only one completes the requirements, the 2018 premium incentive discount will be \$240.
- HealthQuest Credits for the 2018 Premium Incentive Discount must be earned by 12/31/17.

For more information, [click here](#) or call 1-888-275-1205 option 3, available 24/7.

To submit feedback about HealthQuest, please email healthquest@kdheks.gov

Why is earning the HealthQuest Premium Incentive Discount important?

This discount reduces the premium you pay for SEHP medical coverage. Click [here](#) to see the 2018 premiums (*click on "Active State Employee Rates"*). Rates are effective 01/01/2018. (On that same webpage is a listing of First Look webinars for the 2018 SEHP.)

How many credits do I currently have?

To check how many credits you have, log into your [HealthQuest Rewards account](#). ([Here is how to create your account](#).)

To review the points you have earned in the HealthQuest Portal, click in "Plan A/C Incentives" tab and [Incentive Summary](#).

Employees and spouses enrolled in Plans A and C have until **Sunday, December 31, 2017** to complete Health Assessment (worth 10 credits) and earn a total of 40 credits to receive a \$480 premium incentive reduction in 2018. Plan C members have until **Thursday, November 9, 2017** to complete activities to earn additional 2017 HSA/HRA employer contributions, up to \$500 per employee and spouse (after November 9, 2017 all activities will count only as HealthQuest credits).

If you need assistance with your HealthQuest account, please call the HealthQuest Help Desk at 1-888-275-1205 option 3, available 24/7.

How do I get credits for attending my doctor appointments/preventative exams?

The dental, vision, and well women/man preventative exam credits are no longer self-report. They will appear after your insurance company has processed your claim and notified Cerner that you completed the activity. This process takes about 4-5 weeks from the date of your appointment. You will be notified via email of credits posted into your portal. If you have questions about pending credits, please email healthquest@kdheks.gov.

I see completion of an online Health Assessment Questionnaire is required and biometric values are needed. Are there Biometric Screenings at KU I can attend?

KU 2017 Biometric Health Screening Events – KU- Lawrence campus

Date	Time	Place
Monday, 08/21/17 Tuesday, 08/22/17 Monday, 09/11/17 Tuesday, 09/12/17 Thursday, 10/05/17 Friday, 10/06/17 Tuesday, 11/07/17	8am – 1pm	Kansas Union, Big 12 Room

Sign up for an appointment at your [HealthQuest Rewards account](#) (Log In and click on “Step 2 Biometric Screenings” and “Onsite Screening”) or call 1-888-275-1205, option 3, available 24/7. Appointments are highly recommended. Walk-ins may be subject to a wait time which may vary.

I can't attend a Biometric Health Screening at KU-Lawrence Campus. What are my other options?

HealthQuest offers [three ways to obtain biometric numbers](#) in order to complete an online health assessment:

1. Attend an onsite biometric health screening event at another screening site. The statewide schedule is available [here](#). Biometric values will be auto-populated in the HealthQuest website.
2. Biometric Results from Physician. The SEHP will cover one preventive exam per calendar year in full (with no co-pay). Print the [Biometric Values Form](#) to take with you to your appointment. Employees may use test results from visits occurring between January 1, 2017, and December 31, 2017.
3. At-Home test kit. To order an at-home test kit, log into your account on the wellness portal at <https://kansashealthquest.cernerwellness.com>, click “Step 2” in the image slider at the top of the page. This will take you to all biometric options. Choose the In Home Mailer Option. For the 2017 discount, the last day to order a kit is **November 1** for Plan A members and **October 9** for Plan C members. In order to have your results processed and loaded to the Cerner portal, once you receive your kit, members must have their kits returned by **December 1** if on Plan A and **November 9** if on Plan C. If you utilize the home test kit option, you will not receive credits for blood pressure value or cotinine results. Biometric values will be auto-populated into the HealthQuest portal approximately 2 weeks from the date you ship the kit back for processing.

HealthQuest Resources:

- Find complete HealthQuest information [here](#), including plan overview, biometric screening opportunities and options, and Plan A and C incentive guides.
- For any HealthQuest program questions, please email HealthQuestBenefitsBox@Cerner.com or call 1-888-275-1205 option 3, available 24/7.
- To access HealthQuest FAQ, [click here](#).
- To submit feedback about HealthQuest, please email healthquest@kdheks.gov

If you have questions for the KU Benefits staff, please contact us: email benefits@ku.edu, call 864-7402 or stop by Room 150, Carruth-O'Leary.