We are sharing information from the State Employee Health Plan (SEHP) on various topics.

**HealthQuest (HQ) Rewards Updates**

The new HealthQuest Rewards program year starts January 1, 2017. SEHP will host webinars in December to discuss the new program and demonstrate the new HealthQuest portal.

To register, [click on this link](#) and select the date that works best for you from the drop down box.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Thu, Dec 8, 2016</td>
<td>1:30 PM - 2:30 PM CST</td>
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<tr>
<td>Wed, Dec 14, 2016</td>
<td>1:30 PM - 2:30 PM CST</td>
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<tr>
<td>Fri, Dec 16, 2016</td>
<td>1:30 PM - 2:30 PM CST</td>
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**You still have time to earn $240 annual health insurance premium discount for Plan Year 2017:**
You have until **11/15/2016** at 11pm CST to earn a total of 30 credits. You can verify your rewards status on the HealthQuest website – [click here for directions](#).

- For directions on how to enter credits in the HealthQuest website, [click here](#).
- For information about options to earn HealthQuest credits, including preventive/annual exams health, dental and vision exams, [click here](#).

If you are still unsure or have trouble with this site, call the HealthQuest Help Desk toll-free at 1-888-275-1205, option 9, for assistance. There will be a quiet period from 11/16-12/31 where no HealthQuest Credits can be earned and the portal will be available for educational resources only.

**Want to be a part of the State of Kansas Employee Advisory Committee?**
The Health Care Commission (HCC) re-implemented an Employee Advisory Committee (EAC) as provided by K.S.A. 75- 6501(b). SEHP staff work with the EAC leadership on discussion topics such as future plan changes, wellness initiatives and other items that the HCC desires to obtain input and feedback.
The EAC meets 4-6 times a year, mostly during the spring, in Topeka. Members receive no compensation for serving. For more information or to apply, please visit http://www.kdheks.gov/hcf/sehp/employee_advisory.html. Application deadline is November 15th, 2016.

Additional SEHP Information:
HealthQuest - November 2016 Newsletter

If you have questions, please contact Benefits at 785-864-7402 (Benefits Hotline), stop by 150 Carruth O'Leary 8:00 am - 5:00 pm M-F or email benefits@ku.edu