Benefit Updates

Benefits Affected by Out of Area Leaves and Sabbatical
Faculty and staff who leave the area for an extended period of time—on sabbatical, leave without pay, working overseas for the summer or other reasons and who have concerns about their benefits should contact the Benefits Office at (785) 864-7402 or benefits@ku.edu. The advance purchase of prescription drugs is authorized in certain circumstances and the RX State Advance Purchase Form, available here, must be completed and faxed back to the Benefits Office at least 20 calendar days before the employee’s departure outside of the U.S.

State Employee Health Plan (SEHP) Updates

- HealthQuest May 2017 Newsletter
- SEHP 2nd Quarter 2017 Newsletter

BCBS Members – Telehealth Connects You with a Doctor Anytime, Anywhere
Faculty and staff enrolled in Blue Cross Blue Shield of Kansas Plans A and C can have live visits over their computer, tablet or phone with a doctor anytime through telehealth visits. Blue Cross provides telehealth services through American Well®, also known as Amwell, the industry’s leading telehealth solution. With Amwell, you can register for free, and the cost per visit is less than emergency room, urgent care, or even in-office doctor visits. It’s easy to use, affordable, private and secure. For more information and to register, please click here.

Naturally Slim – Next Application Period Opens May 15th
Naturally Slim weight loss program starts a new class June 12, 2017. Space is limited, apply between May 15 -26, 2017 at www.naturallyslim.com/KansasHealthQuest. Employees and spouses enrolled in the SEHP are eligible to apply. Participants who complete all 10 weeks of the Naturally Slim program will receive 15 HealthQuest credits and Plan C members receive $150 in their HSA or HSA. For more information about
this online program, please [click here](#). For frequently asked questions, [click here](#). To provide feedback about your HealthQuest experience please email [healthquest@kdheks.gov](mailto:healthquest@kdheks.gov).

**Plan C Members: Optum Bank HSA seminars available**
Sign up and learn more about Health Savings Accounts. [Click here](#) for Optum Bank webinar details or to watch pre-recorded webinars.
- Making the most of your HSA: Thursday, May 18, 2017, 3:00 p.m. CT – [Register Now](#)
- HSA Investing made easy: Tuesday, May 23, 2017, 11:00 a.m. CT – [Register Now](#)

**Take Advantage of Available Employee Discounts**

**STAR - State Thanks & Recognition**
The Star Discount Program offers State of Kansas employees an opportunity to take advantage of product and service discounts offered by various vendors throughout the state.

**Working Advantage**
The Working Advantage employee discount and reward program is available 24/7 and offers a discount up to 60% on a wide selection of products and services such as health and fitness, movie theater passes, rental car, flowers, and much more. To register for Working Advantage and start making the most of member discounts, go to guidanceresouces.com* and click on “Discounts” in the “I’m Looking For” box on the homepage. Then click on “Working Advantage.” *To register for the first time, organization WEB ID is SOKEAP.

**Upcoming Campus Events – Fall 2017**

**2017 Biometric Screenings & Health Coaching**
(Part of the State Employee Health Plan HealthQuest Program)

**Biometric Screenings**
*Kansas Union – Big 12 Room: Aug 21-22, Sep 11-12, Oct 5-6, Nov 7*

**Health Coaching**
*Kansas Union – Regionalist Room: Aug 21-22, Sep 11-12, Oct 5-6, Nov 7*

For more information, instructions how to schedule and HealthQuest incentive guides please visit [http://humanresources.ku.edu/healthquest-rewards-program](http://humanresources.ku.edu/healthquest-rewards-program) or call 1-888-275-1205 and press option 3. [Click here](#) for the full, statewide, on-site screening schedule.

If you have questions, please contact Benefits at 785-864-7402 (Benefits Hotline); stop by 150 Carruth O’Leary between 8:00 am to 5:00 pm, M-F; or email [benefits@ku.edu](mailto:benefits@ku.edu)