



ROCK CHALK, JAYHAWK!



KU Benefits Updates – December 2018



Insurance Cards Reminders

- BCBS of Kansas and Caremark will send new ID cards to all members.
- Aetna, Delta Dental, Surency Vision and Quest will send new cards to new members or members who made changes in coverage.
- NueSynergy will send debit cards to new Flexible Spending Account (FSA) participants and to all Health Savings Accounts (HSA) / Health Reimbursement Accounts (HRA) participants.

SEHP Open Enrollment

THANK YOU

KU Benefits would like to express our appreciation for your participation during Open Enrollment in October. 99% currently enrolled employees completed Open Enrollment.

2019 HSA Vendor Transition



NueSynergy will be the Health Savings Account (HSA) and Health Reimbursement Account (HRA) vendor beginning Plan Year 2019. A Benefit Account Welcome kit from NueSynergy, which will include a registration guide to NueSynergy's HSA/HRA portal, will be emailed the first week in December. Personal support will also be available through NueSynergy's customer service department at 855-750-9440.

HealthQuest December 2018

Newsletter including the following topics of interest:

Page 2-3: Employee Assistance Program (EAP) Webinars

Page 4: HealthQuest Program Deadlines & Earning Credits

Page 5: Wellness Champion Network

Page 8: NueSynergy: Your New HSA & HRA Administrator

Page 9: Naturally Slim – Information about Program, When Application Opens, and How to Join the Waiting List

Plan Year 2019 HealthQuest Webinar



Webinar covering Frequently Asked Questions for the HealthQuest Program.

Webinar Registration Link

After clicking the link above, use the drop-down arrow on the registration page to select your preferred date.

Tues., December 11, 2018	9:00 AM
Thurs., December 30, 2018	1:30 PM
Mon., December 17, 2018	9:30 AM
Wed., December 19, 2018	2:00 PM

Please visit the following resources for more transition information:

[Transition Timeline](#)

[HRA/HSA Reference and Transfer Guide](#)

[HSA / HRA Frequently Asked Questions](#)

[HealthQuest November 2018 Newsletter, page 11](#)

If you currently have a NueSynergy debit card for your FSA, you will not receive a new card. If you enrolled in the HSA or HRA for 2019 your same debit card will automatically access your HSA or HRA.

If you enrolled in Plans C or N for 2019 and elected an HSA, the PY 2019 employer and employee contributions will be deposited with NueSynergy starting with the first contribution made from the check dated January 11, 2019.

Supplement Your Retirement Savings



The University of Kansas faculty and staff have two voluntary retirement savings plans available to them. While there are no University matching contributions to either plan, the plans help supplement retirement income. Contributions to both plans can be made on a pre-tax and/or Roth after-tax basis:

- Kansas Board of Regents 403(b) voluntary retirement savings plan (for benefits-eligible employees only)
- KPERS 457 deferred compensation plan (all employee may elect to participate)

For more information, please see [Voluntary Retirement Plans](#) or email benefits@ku.edu.



2019 Biometric Screenings

2019 HealthQuest sponsored biometric screening events will be available to register from **January 2, 2019**.

Lifetime Benefit Term Life Insurance with Long Term Care Rider

A voluntary [Lifetime Benefit Term Life Insurance \(LBT\) with a Long Term Care Rider](#) will be available in 2019 for benefits eligible employees and their family members. Enrollment with reduced qualifying questions is available from November 1 through December 31, 2018.

For more information visit <https://kansas.lcoptions.com/>. To learn more about the benefits and costs of this coverage, schedule a phone consultation at 877-720-2165.

If you are primarily interested only in Long Term Care coverage, you can also learn about the Voluntary Long Term Care Insurance program, underwritten by LifeSecure Insurance Company. Employees hired on or after October 1, 2017 will have a limited-opportunity to complete an application for that coverage from February 1 through March 31, 2019. Those employees hired before October 1, 2017 will be able to apply for Long Term Care insurance using a more detailed application. You will receive further information about this coverage from State Employee Health Plan at that time.

Faculty and Staff Wellness Events



January - Stouffer Place Apartments (PDF)

Wednesday, January 9, 2019
12:10-12:50 pm

Registration required on MyTalent: [Move-N-Learn featuring Stouffer Place Apartments](#) however, those who work for KU Alumni Association; Kansas Athletics, Inc.; KU Endowment Association; Kansas Memorial Unions; Hilltop Child Development Center; and Reserve Officers Training Corps (ROTC) should email wellness@ku.edu.

Please meet in the lobby.

(Questions? Please email wellness@ku.edu. Stay current on upcoming [KU Wellness](#) events – subscribe to their [mailing list](#))



If you are leaving the University, please visit <http://humanresources.ku.edu/benefits/leaving> for more Benefits Transition information such as health insurance, retirement, life insurance, etc.

[\(Source: SEHP Lifetime Benefit Term with Long Term Care Rider Mailer\)](#)

If you moved, please ensure that your current mailing address has been updated. You can see your contact information in [MAP](#), once you log in, under Contact Information. This is the address that will be used by the insurance companies and will ensure prompt delivery.

You will also need to update your address in KU's HR/Pay database by using Self-Service at hr.ku.edu (Main Menu>Self Service>Personal Information> Home and Mailing Address - select the red pencil icon to edit).

KU Benefits 150 Carruth O'Leary 8 am – 5pm
benefits@ku.edu | 785-864-7402