

# Get ready to see the difference

With Aetna, you have a plan for the way you live. With tools and resources that support better health and better living, you're ready to reach your goals.



## Open Enrollment starts October 1, 2019

Learn more about Aetna and your 2020 Aetna plan options:

- Visit [aetnastateofkansas.com](http://aetnastateofkansas.com).
- Call Aetna Member Services at 1-866-851-0754 (TTY: 711).
- Visit [www.kdheks.gov/hcf/sehp/](http://www.kdheks.gov/hcf/sehp/) to:
  - Use ALEX to help you pick the plan that's right for you.
  - Get a more detailed overview of Aetna plan benefits and extras.

Plan coverage is offered by your employer, with administrative services only provided by Aetna Life Insurance Company (Aetna). Health insurance plans are administered by Aetna Life Insurance Company. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Health information programs provide general health information and are not substitutes for diagnosis or treatment by a physician or other health care professional. Discount programs provide access to discounted prices and are not insured benefits. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to [aetna.com](http://aetna.com).

TTY: 711

For language assistance in your language call 1-866-851-0754 at no cost. (English)

Para obtener asistencia lingüística en español, llame sin cargo al 1-866-851-0754. (Spanish)

欲取得繁體中文語言協助，請撥打1-866-851-0754，無需付費。(Chinese)

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# See the difference

**State of Kansas**  
2020 Open Enrollment

 aetna™



# Take a closer look

Health benefits are important to you and your family. Staying well and living well are, too. Aetna puts it all together for you — benefits, wellness resources, tools and tech, and personal service and support. So take a few minutes, and see the difference. Let Aetna join you.



## One of America's largest provider networks

Your Aetna® plan has national strength with a local focus. You can access a national network with:

- 1.2 million health care professionals
- Over 5,700 hospitals
- And more than 700,000 doctors and specialists

Even if you're not enrolled yet, you can visit [aetnastateofkansas.com](http://aetnastateofkansas.com) to check if your doctor is in the network.



## Advanced tools and technology

Your secure member website gives you the tools to make the most of your Aetna medical plan. Compare health care costs, find a doctor, review a claim, check out your member discounts — it's all there. And it's easy to get started.



## Virtual office visits

Teladoc® lets you consult with a primary care doctor, 24/7/365. Get diagnosed, treated and prescribed for non-emergency problems, at just \$40 or less per consult.



## Health care on the move

You've got poison ivy and it's bad. Pull out your phone and use the new Aetna Health<sup>SM</sup> app to find an urgent care center close to home. Need a follow-up visit with a specialist? Use the app's provider search tool to find the right doctor. You can even track your spending and progress toward your deductible. It's health care that moves with you.

## Five Aetna plan options

Here are the five Aetna plan options available to you for 2020. The chart compares out-of-pocket costs for some common medical services provided in-network. You can go outside the network, but you'll usually pay more. Open Enrollment materials will include more plan details. You can also visit [aetnastateofkansas.com](http://aetnastateofkansas.com).

2020 changes to Plan C are bolded.

	You pay				
	Plan A	Plan C	Plan Q	Plan J	Plan N*
<b>Deductible</b>	Employee: \$1,000 E & 1: \$2,000 E & 2+: \$3,000	Employee: \$2,750** Family: \$5,500**	Employee: \$500 Family: \$1,000	Employee: \$500 Family: \$1,000	Employee: \$2,750** Family: \$5,500**
<b>Coinsurance</b>	20%	<b>10%</b>	50%	25%	35%
<b>PCP office visit</b>	\$40 copay	Deductible and <b>10%</b> coinsurance	Deductible and 50% coinsurance	Deductible and 25% coinsurance	Deductible and 35% coinsurance
<b>Teladoc visit</b>	\$10 copay	\$40 copay (or less)	\$40 copay (or less)	\$40 copay (or less)	\$40 copay (or less)
<b>Specialist office visit</b>	\$60 copay	Deductible and <b>10%</b> coinsurance	Deductible and 50% coinsurance	Deductible and 25% coinsurance	Deductible and 35% coinsurance
<b>Emergency room visit</b>	\$100 copay, deductible and 20% coinsurance. Copay waived if admitted within 24 hours.	Deductible and <b>10%</b> coinsurance	Deductible and 50% coinsurance	Deductible and 25% coinsurance	Deductible and 35% coinsurance
<b>Urgent care center visit</b>	\$50 copay	Deductible and <b>10%</b> coinsurance	Deductible and 50% coinsurance	Deductible and 25% coinsurance	Deductible and 35% coinsurance
<b>Inpatient services</b>	Deductible and 20% coinsurance	Deductible and <b>10%</b> coinsurance	Deductible and 50% coinsurance	Deductible and 25% coinsurance	Deductible and 35% coinsurance
<b>Outpatient surgery</b>	Deductible and 20% coinsurance	Deductible and <b>10%</b> coinsurance	Deductible and 50% coinsurance	Deductible and 25% coinsurance	Deductible and 35% coinsurance
<b>Combined medical &amp; pharmacy annual out-of-pocket maximum</b>	Individual: \$6,250 Family: \$12,500	Individual: \$5,500 Family: \$11,000	Individual: \$6,650 Family: \$13,300	Individual: \$7,350 Family: \$14,700	Individual: \$6,650 Family: \$13,300

\*Members not enrolling in MAP during Open Enrollment will be defaulted to Plan N with a Health Reimbursement Account.

\*\*Plan C and N: The deductible for all "non-single" policies (employee/spouse; employee/children; employee/family) will be \$2,800 for an individual within the family. However, the overall family deductible for these policies will remain at \$5,500.



## Need help deciding which plan is best for you?

Use ALEX®, a fun and friendly online benefits advisor who can help you decide which plan is best for you. Alex gathers information and uses it to give you a personal guided tour of your health plan options. To get started and meet Alex, visit [www.kdheks.gov/hcf/sehp/](http://www.kdheks.gov/hcf/sehp/).

## Plenty of extras!

Here are just some of the discounts you can enjoy as a member.



### Fitness

Pay less for your workout. You'll save on gym membership fees in the GlobalFit® network\*\*\*, plus get discounts on in-home exercise equipment, videos and more.



### Vision

Get on-the-spot savings for extra pairs of glasses, contacts, sunglasses and more. Check out major retailers like LensCrafters®, Target Optical® and Sears Optical®.



### Weight management

You'll save on diet and meal-delivery plans with national favorites like Jenny Craig®, Nutrisystem®, and CalorieKing®. With each program you get one-on-one help, personalized menus, online tools and more.



### Hearing

Get discounts on hearing exams, hearing aids and more. Also get free batteries and in-office services. With Hearing Care Solutions and Amplifon Hearing Health Care, you can hear better for less.

\*\*\*For new gym memberships only. If you belong to a gym or joined recently, call GlobalFit® at 1-800-298-7800 to inquire.